



COPING DURING COVID-19 WEBINAR SERIES
Caring for Yourself and Others in Uncertain Times



Free Webinar for All

Suicide Prevention: Know the Signs

Tuesday, May 19, 2020 • 11am - 12pm



Register Today

You will learn:

- How to recognize the warning signs of suicide
- How to find the words to have a direct conversation with someone in crisis
- Where to find professional help and resources.