

Los Angeles County: Local Community Resources During COVID-19

RESOURCES FOR SAN GABRIEL VALLEY – SPA 3

Topic	Agency	Description of Services	Population Served	Phone Number	Website/ E-mail	Updated
Food	JWCH Wesley Health Center – Pasadena	<ul style="list-style-type: none"> Food pantry located at 1845 N. Fair Oaks Ave, G-122, Pasadena Hours: Fri 9am-2pm 	Individuals with Medi-Cal, Medicare, LA County HMO plans	(626) 744-6140 x5220	Web: http://jwchinstitute.org/primary-medical-care/wesley-health-centers-pasadena/	3/26/2020
Food	Our Saviour Center	<ul style="list-style-type: none"> Food pantry located at 4368 Santa Anita Ave, El Monte Hours: Tu, Th 10am-1pm 	Low income individuals	(626) 579-2190	Web: www.our-center.org Email: DianeW@Our-Center.org	3/26/2020
Food	UrbanMission	<ul style="list-style-type: none"> Food pantry, Sunday dinner Services provided at 810 S. White Ave, Pomona Hours: <u>Food Pantry: Th 9:30am-3:30pm, Sun 4-6pm</u> <u>Veggie giveaway: M-F 12-3pm, Sat 9-12pm, Sun 4-6pm</u> <u>Sunday Boxed dinner: 5pm</u> 	All	(909) 450-7926	Web: www.umpomona.org Email: Stephen@theurbanmission.org	4/6/2020
Food	Mission Community United Methodist Church	<ul style="list-style-type: none"> Food donations truck (\$4 all-you-can-take) and food bank Services provided in-person at 9032 Mission Dr, Rosemead, CA Hours: <u>Food donations truck Wed, Fri 3-5pm</u> <u>Food bank Every third Wed of the month 8-11am</u> 	<u>Food donations truck:</u> first come, first served <u>Food bank:</u> seniors age 60+ with valid proof of ID and income \$1,354/month or less for 1 person or \$1,832/month or less for 2 persons	(323) 234-3030 x152 (Food Bank)	Email: mhernandez@lafoodbank.org	3/26/2020

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Food	God's Pantry	<ul style="list-style-type: none"> • Food distribution • Services provided at Pomona warehouse (Drive-thru). Register for appointment on website. • Hours: Tu, Th 2-6pm 	All	(909) 766-8038	Web: www.gods-pantry.org Email: infoGod's@gods-pantry.org Facebook: www.facebook.com/godspantryca Instagram: www.instagram.com/godspantry_org	4/6/2020
Food	Helping Hands Caring Hearts Ministry	<ul style="list-style-type: none"> • Food pantry located at 480 W. Monterey Ave, Pomona (rear parking lot) • Hours: Sun 1-3pm 	All	(909) 214-8747	Web: www.hhchpomona.org	3/27/2020
Food	St. Louise de Marillac	<ul style="list-style-type: none"> • Food distribution • By appointment only • Hours: M-F 8am-5pm 	Residents in the parish boundaries (Covina, Charter Oak)	(626) 915-7873		3/30/2020
Food	St. John the Baptist Social Services	<ul style="list-style-type: none"> • Limited food bank • Services provided via telephone and in-person at 3912 Stewart Ave, Baldwin Park • Hours: M-F 9am-5pm (call ahead for availability) 	Baldwin Park residents	(626) 552-7126		4/6/2020
Food; Case management	Foothill Unity Center	<ul style="list-style-type: none"> • Food distribution <u>Monrovia</u> 790 W. Chestnut Ave M 1-3:30pm W, F 9-11:30am <u>Pasadena</u> 191 N. Oak Ave Tu 9-11:30am W, F 1-3:30pm <i>Homeless services:</i> M-F 9am-4pm (bag lunches) F 9am-4pm (hygiene kits) • Case management services via phone and email 	Low income, Homeless	(626) 358-3486 (Monrovia) (626) 584-7420 (Pasadena)	Web: foothillunitycenter.org Email: info@foothillunitycenter.org	3/25/2020

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Food; Senior Services	YWCA-SGV	<ul style="list-style-type: none"> • Senior services, meals • Hours: M-F 8am-5pm and • 24/7 message line 	Seniors	(626) 214-9465 (24-hour message line) (626) 960-2995 (main office)	Web: www.ywcasgv.org Email: info@ywcasgv.org	3/27/2020
Food; Social Services	Catholic Charities of Los Angeles, Inc. - San Gabriel Region	<ul style="list-style-type: none"> • Food distribution, social services (CalFresh application, rental and utility assistance) • Services provided via telephone, in-person • Hours: <u>Food pantry</u> at 4171 N. Tyler Ave, El Monte 9am-12pm 	Contact for eligibility screening	(626) 575-7652	Email: mcortez@ccharities.org (El Monte and neighboring cities nalcala@ccharities.org (Pomona and neighboring cities)	4/6/2020
Food; Faith-based services	Holy Family Giving Bank	<ul style="list-style-type: none"> • Food bank, live stream of Masses, and other services • Services provided online and in-person • Hours: 9am-3pm 	Low income from local community (zip codes 91030, 90032, 91801, 91803) and homeless	(626) 403-6140	Web: holyfamily.org	4/6/2020
Food; Faith-based Services	Redeemed Life Church	<ul style="list-style-type: none"> • Food bank, Livestream of services on social media; assistance for families in need (contact via email) • Services provided via web, email, phone • Hours: <u>Food Pantry</u> at 405 N. Azusa Ave, Azusa (parking lot). Please fill out form at redeemedlife.church Sat 10-11am Sun 1:30-2:30pm <u>Online services:</u> Sun 11am, Th 7pm 	All; Families in Need	(626) 210-1245	Web: redeemedlife.church Email: info@redeemedlife.church Facebook: www.facebook.com/RedeemedLifeC hurchAzusa Youtube: www.youtube.com/redeemedlifechur ch	4/6/2020

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Housing; Homeless services	East San Gabriel Valley Coalition for the Homeless	<ul style="list-style-type: none"> Meal to go, mail pick-up, TAP cards with subsidy Services provided at 1345 Turnbull Canyon Rd, Hacienda Heights Hours: M-F 8:30am-1:30pm 	Homeless individuals	(626) 333-7204	Web: www.esgvch.org	3/26/2020
Housing; Homeless Services	Union Station Homeless Services – Family Services	<ul style="list-style-type: none"> Housing services Services provided via telephone or email. Hours: 8am-5pm 	Families	211 (626) 337-0140	Web: unionstationhs.org Email: FSCreferral@unionstationhs.org	4/6/2020
Housing; Food	Foothill AIDS Project	<ul style="list-style-type: none"> Housing case management, short term rental and mortgage assistance, food bank. Services by appointment only (call or email). Hours: M-F 9am-5:30pm 	Individuals and families who have HIV/AIDS	(909) 482-2066 x301 (909) 827-9148	Web: fapinfo.org Email: nancy@fapinfo.org	3/25/2020
Housing; Social services	Azusa City Library – Neighborhood Connections Program	<ul style="list-style-type: none"> Information and referrals for housing evictions, tenants rights, legal advocacy, employment, social services Services provided via phone or email Hours: M-F 8:30am-5pm 	All	(626) 812-5100	Web: www.ci.azusa.ca.us/1495/Neighborhood-Connections Email: Sserna@AzusaCA.gov	3/25/2020
Faith-based services	Glenkirk Church	<ul style="list-style-type: none"> Livestream of services on website Hours: Sun 9am, 10:45am 	All		Web: www.glenkirkchurch.org	3/25/2020
Faith-based services	Hope Unlimited	<ul style="list-style-type: none"> Online services (hopeucla.online.church), kids curriculum, digital life groups Hours: Sun 9am, 10:30am, 12pm, 2pm (Spanish); Tu, Th 7pm 	All	(626) 327-2330	Web: hopeuc.com/la	3/25/2020

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Faith-based services	Montrose Church	<ul style="list-style-type: none"> • Livestream of services on website 	All	(818) 249-8309	Web: montrosechurch.org Email: office@montrosechurch.org	3/25/2020
Mental Health/ Behavioral Health	BRIDGES	<ul style="list-style-type: none"> • Mental health and supportive services • Services provided via phone, telehealth, and other as determined necessary • Hours: M-F 9am-5pm, some Sat 	Children, transitional age youth, adults, and families who are Medi-Cal eligible in Los Angeles County	(909) 623-6651 x110 (corporate) (626) 350-5304 x510 or x523	Web: www.bridgesrehab.org Email: sdominguez@bridgesrehab.org (intake coordinator)	3/25/2020
Mental Health/ Behavioral Health	CIFHS-The Family Center	<ul style="list-style-type: none"> • Mental health and behavioral health services (individual and group therapy, psychiatry, case management, evaluations, anger management, parenting, domestic violence classes) • Services provided via phone or in-person • Hours: M-W 9am-9pm, Th 9am-7pm, Fri 9am-5pm 	Children and families with Medi-Cal	(626) 966-1577	Web: www.cifhs.org	3/26/2020
Mental Health/ Behavioral Health	David & Margaret Youth and Family Services	<ul style="list-style-type: none"> • Mental health services: assessment, therapy, case management linkage, psychiatric medication • Services provided via phone and teletherapy (coming soon) • Hours: M-F 8:30am-5pm 	Children, adolescents, young adults (thru age 20) who are Medi-Cal eligible; Areas covered: Azusa, Claremont, Covina, Diamond Ranch, Glendora, LaVerne, Pomona, San Dimas, W. Covina	(909) 596-5921 x3510 or x3520	Web: www.davidandmargaret.org	3/25/2020

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Mental Health/ Behavioral Health	DMH - Arcadia Mental Health Center	<ul style="list-style-type: none"> • Mental health services (5150, medications, phone evaluations, hospital and jail discharges) • Hours: M-F 8am-5pm 	Hospital discharge and crisis/5150	(626) 254-1400		4/6/2020
Mental Health/ Behavioral Health	DMH - East San Gabriel Valley Mental Health Center	<ul style="list-style-type: none"> • Mental health services • On-site services limited to emergency (5150), hospital and jail discharges • Hours: M-F 8am-5pm 	Hospital discharge and crisis/5150	(626) 430-2900		3/26/2020
Mental Health/ Behavioral Health	DMH – Women’s Re-Entry Program	<ul style="list-style-type: none"> • Mental health, case management, medication supportive services • Hours: M-F 8am-5pm 	Women who have been incarcerated or involved in the justice system	(323) 525-6400		3/26/2020
Mental Health/ Behavioral Health	Enki La Puente Valley Mental Health Center	<ul style="list-style-type: none"> • Outpatient mental health services • Some services provided via phone or telehealth • Hours: M-F 8am-5pm 	Adults with Medi-Cal	(866) 227-1302	Web: www.ehrs.com	3/26/2020
Mental Health/ Behavioral Health	ENKI Youth & Family Services	<ul style="list-style-type: none"> • Therapy, collateral services, case management and medication services. • Services provided via telephone or telehealth; only crisis, high risk or clinically needed services provided in-person • Hours: M-F 8am-5pm 	Children and Adults (up to age 21) with Medi-Cal; Individuals with no insurance on a case-by-case basis	(866) 227-1302 (626) 227-7012 (hospital discharges)	Web: www.ehrs.com	3/27/2020
Mental Health/ Behavioral Health;	Feel Well Empowerment Center	<ul style="list-style-type: none"> • Mental health and maternal health services • Services provided via phone, web, telehealth • Hours: M-Sat 9:30am-7:30pm (evening, Sun hours may also be available) 	Pregnant women, families	(800) 488-3414	Web: www.thefeelwell.com Email: hello@thefeelwell.com Social media: @thefeelwell	3/26/2020

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Mental Health/ Behavioral Health	Foothill Family	<ul style="list-style-type: none"> • Mental health services, case management, early childhood development, youth and family services • Services provided via phone (some limited field/office services) • Hours: M-F 8:30am-4:45pm 	Children 0-21 and families, seniors	(626) 993-3000 option 4	Web: www.foothillfamily.org	3/25/2020
Mental Health/ Behavioral Health	Heritage Clinic	<ul style="list-style-type: none"> • Mental health and behavioral health services, dementia care. • Services provided via telephone, web; limited in-person • Hours: 8:30am-5pm 	Older Adults age 55+ and their families	(626) 577-8480 Option "0"	Web: www.heritageclinic.org	4/6/2020
Mental Health/ Behavioral Health	Maxim Healthcare Services	<ul style="list-style-type: none"> • Behavioral health services • Services provided via telehealth and in-person • Hours: M-F 8am-5pm 	Children with developmental and other needs (autism, ADHD)	(909) 618-0974	Web: www.maximhealthcare.com	3/26/2020
Mental Health/ Behavioral Health	Pacific Clinics	<ul style="list-style-type: none"> • Mental health services • Services (including Drop-in Center) provided via telephone and telehealth. On-site services for crisis, emergency intakes, medication support, hospital discharge intakes, by appointment only • Hours: 9am-5pm (telehealth and telephone) 9am-4pm (on-site at limited locations, by appointment only) 5-9pm (after hours on-call for existing clients) 	Existing clients and psychiatric hospital discharges	(877) PC-CARES (877) 722-2737 (626) 337-3828 (Drop-In Center)	Web: www.pacificclinics.org	3/26/2020

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Mental Health/ Behavioral Health	Teenline	<ul style="list-style-type: none"> • Hotline staffed by trained teens and supervised by mental health professionals, virtual online presentations (stress, anxiety), support resources for parents • Services provided via text, email, web • Hours: 6-9pm 	Teens and parents	Text 'TEEN' to 839863	Web: teenlineonline.org Email: sara@teenlineonline.org Message boards: teenlineonline.org/board	4/6/2020
Mental Health/ Behavioral Health	Tri-City Mental Health - Wellness Center	<ul style="list-style-type: none"> • Mental health and wellness services • Services provided via telehealth, telephone, and in-person counseling (limited). Support groups available remotely soon. • Hours: 8am-5pm 	Residents of Pomona, La Verne and Claremont	(888) 436-3246 (community navigators) (909) 623-6131 (24-hour crisis support; 8am-5pm non-crisis - Chris Anzalone)	Web: www.tricitymhs.org	3/26/2020
Mental Health/ Behavioral Health	West Covina Mental Health Services – Children’s Bureau	<ul style="list-style-type: none"> • Mental health services (therapy, collateral services, case management, psychiatric support) • Services provided via: telephone, telehealth and video chatting • Hours: M, Th 8:30am-7pm Tu, W 8:30am-9pm Fri 8:30am-4pm 	Children and adolescents ages 0-21	(213) 422-4547	Email: katherineperez@all4kids.org	3/27/2020
Mental Health/ Behavioral Health	Uplift Family Services	<ul style="list-style-type: none"> • Comprehensive behavioral and mental health intake and services. • Services provided via phone or telehealth. • Hours: M-F 8am-5pm 	Children ages 0-20 who have full scope LA County Medi-Cal and reside in San Bernardino County	(909) 266-2807	Web: upliftfs.org	3/25/2020

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Mental Health/ Behavioral Health; Substance Use Treatment	Prototypes – Prevention and Aftercare	<ul style="list-style-type: none"> • Mental health, substance use disorder and FSP services • Some services provided in-person, web or phone; Prevention and Aftercare services only via phone • Hours: M-F 8:30am-5pm 	Parents and guardians of minor children in SPA 3	(909) 837-9911	Web: www.prototypes.org Email: Sporter@prototypes.org	3/26/2020
Mental Health/ Behavioral Health; Substance Use Treatment	Social Model Recovery Systems	<ul style="list-style-type: none"> • Residential and outpatient treatment services for substance use disorders and co-occurring disorders • Services provided via telephone, telehealth, and in-person. • Hours: M-F 8am-5pm (24 hour service for residential treatment) 	Adults: Men and Women (women who may be pregnant and women with children)	(626) 332-3145 (main) (626) 636-2370 Outpatient El Monte (MVO) (626) 974-8123 Outpatient Covina (RCC) (626) 733-4364 Outpatient Pasadena (PCADD) (626) 858-4920 Women residential (Stepping Stones) (626) 453-3406 Men residential (Omni Center) (626) 974-8123 Co-occurring residential (River Community)	Web: www.socialmodel.com	4/6/2020

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Mental Health/ Behavioral Health; Substance Use Treatment	SPIRITT Family Services	<ul style="list-style-type: none"> • Mental health, behavioral health, substance use treatment, family services. • Services provided via telephone, text, zoom and email; limited in-person services. Call to schedule an appointment. • Hours: M-F 9am-5pm 	Infants, Children, Youth, Young Adults, Adults, and Their Families	(626) 442-1400	Web: www.spiritt.org	3/27/2020
Health; Mental Health/ Behavioral Health; Dental	JWCH Wesley Health Center – Pasadena and Michael Antonovich Dental Clinic	<ul style="list-style-type: none"> • Healthcare services • Services provided via telehealth, and in-person • Hours: <u>Primary care:</u> M 8am-12pm, <u>Mental health:</u> M, W 8:30am-1:30pm <u>Behavioral health:</u> M, Tu, W 8am-5pm <u>HIV/PrEP:</u> M-W 8am-5pm; Th 8am-2pm; Fri 8am-1pm (PrEP only) <u>Emergency Dental:</u> Tu, Th 8am-5pm 	HIV+ individuals with Medi-Cal, Medicare, LA County HMO plans	(626) 744-6140 x5220 (866) 733-5924 (Call Center)	Web: jwchinstitute.org/primary-medical-care/wesley-health-centers-pasadena/	4/6/2020
Health; Mental Health/ Behavioral Health; Dental	Parktree Community Health Center	<ul style="list-style-type: none"> • Medical, behavioral and oral health services • Services provided via telephone, telehealth and in-person visits • Hours: <u>Medical:</u> M-Sat 8am-9pm, <u>Behavioral Health:</u> M-F 9am-5pm <u>Dental (emergencies only):</u> Tu-Sat 8am-4:30pm (Holt Ave site only) 	Individuals with Medi-Cal, Medi-Cal managed care, Medicare, sliding fee and MHLA	(909) 630-7927 (call for appointments)	Web: parktreechc.org	4/6/2020

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Health	Cleaver Family Wellness Clinic (Our Saviour Center)	<ul style="list-style-type: none"> • Health care services • Services provided via telehealth • Hours: M T W, F 8am-5pm Th 10am-7pm 	Individuals with Medi-Cal and MediMedi	(626) 579-2190	Web: www.our-center.org	3/26/2020
Health	El Proyecto del Barrio – Baldwin Park Community Clinic	<ul style="list-style-type: none"> • Primary care services, OB/GYN prenatal care services • Services provided via telephone or in-person • Hours: M-F 8am-5pm 	All	(626) 678-9296	Web: www.elproyecto.us	4/6/2020
Health	Planned Parenthood – Pasadena and San Gabriel Valley	<ul style="list-style-type: none"> • Reproductive and medical health care • Services provided via telehealth and telephone. Limited on-site services for urgent visits (STI treatment, emergency contraception, abortion services). • Hours: Call M-Sat to schedule an appointment or schedule online 	All	(626) 798-0706	Web: www.plannedparenthood.org/planned-parenthood-pasadena-san-gabriel-valley/online-health-services/telehealth	3/26/2020
Health	A Plus ADHC	<ul style="list-style-type: none"> • Adult day health care center; meal delivery • Services limited to existing participants via telephone and web • Hours: M-F 8:30am-1pm 	Adults	(626) 579-6588		3/26/2020
Health	Joyful Adult Day Health Care	<ul style="list-style-type: none"> • Adult day health care • Limited services for existing participants via telephone • Hours: 24/7 	Adults	(626) 333-2222		3/26/2020

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Health	Mikkon ADHC	<ul style="list-style-type: none"> • Adult day health care center • Services limited to emergency phone calls only from existing participants • Hours: Limited 	Adults	(626) 967-0812		3/26/2020
Health	Pomona CBAS (ADHC)	<ul style="list-style-type: none"> • Adult day health care • Limited services for existing participants via telephone • Hours: Limited 	Adults	(909) 623-7000		3/26/2020
Health	Spring CBAS ADHC	<ul style="list-style-type: none"> • Adult day health care center • Services limited to telehealth and meal services for enrolled and priority clients only • Hours: M-F 9am-1:30pm 	Adults	(626) 965-7833		3/26/2020
Health	Well and Fit Adult Day Health Care	<ul style="list-style-type: none"> • Adult day health care • Limited services (care coordination, triage) for existing participants via telephone and email • Hours: Limited 	Adults	(909) 860-0061		3/26/2020
Domestic Violence	YWCA-SGV WINGS Domestic Violence Service	<ul style="list-style-type: none"> • Counseling, support groups, intakes, helpline. 45-day emergency shelter (currently at capacity) • Services provided via telephone. • Hours: M-F 8am-5pm and 24/7 crisis helpline 	Domestic violence victims	(626) 967-0658 (24-hour crisis helpline) (626) 960-2995 (main office)	Web: www.ywcasgv.org Email: info@ywcasgv.org	3/27/2020

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Education	Azusa City Library	<ul style="list-style-type: none"> Information assistance, electronic databases (VetNow, Mango language learning, local newspaper archives, research), ebooks and audiobooks Services provided via telephone, email or web. Hours: M-F 9am-5pm (phone, email) 	All	(626) 812-5232 (general)	Web: www.ci.azusa.ca.us/Library Email: NC@azusaca.gov	3/25/2020
Legal	LA District Attorney's Office – Victim Services	<ul style="list-style-type: none"> Legal services (including referrals, assistance with CA victim compensation applications) Services provided via telephone Hours: 8am-5pm 	Victims of violent crimes or any person needing information or resources	(909) 620-3373 (Ariana Garcia - Pomona) (626) 575-5565 (Maria Foster – El Monte, Temple City, Rosemead, Baldwin Park)		3/26/2020
Legal; Benefits Assistance	Neighborhood Legal Services of LA County (NLSLA)	<ul style="list-style-type: none"> Legal services (housing, domestic violence, family law, immigration, public benefits assistance, health care access) Services provided via telephone Hours: 9am-5pm 	Low-income	(800) 433-6251 (general helpline) (800) 896-3202 (health helpline) (818) 485-0572 (Pomona Self-Help Center)	Web: www.nlsla.org Email: PSHpublic@nlsla.org (Pomona Self-Help Center)	4/6/2020
Social Services	Alzheimer's Association CA Southland Chapter	<ul style="list-style-type: none"> Educational programs, support groups, care consultations, information and referrals Services provided via phone and web Hours: 24/7 	Individuals with Alzheimer's and dementia, their families and caregivers	(800) 272-3900	Web: alz.org	3/25/2020

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Social Services	Herald Community Center	<ul style="list-style-type: none"> • Counseling, community services (consultations on EDD, immigration, Medicare/Medi-Cal), cancer patient consultation and support • Services provided via telephone, web and social media. Limited services for urgent needs by appointment only • Hours: M-F 10am-1pm, 2-6pm 	Asian population (Cantonese, Mandarin speaking); English speaking for counseling	(626) 286-2600 (community services) (626) 281-9280 (24 hotline for counseling)	Web: www.cchcla.org/community-center Facebook: www.facebook.com/Cchc-La-286324815306600	4/6/2020
Social Services	Huntington Senior Care Network	<ul style="list-style-type: none"> • Care coordination, support and resources • Services provided via telephone and video conference. • Hours: M-F 8:30am-5pm 	Adults and older adults with disabilities and their caregivers	(626) 397-3110 (800) 664-4664 Option "1" for Resource Center Option "4" for Assisted Living Waiver Option "0" for general	Web: www.huntingtonhospital.org/community/senior-care-network/senior-care-network-contact	
Social Services	Just Us 4 Youth	<ul style="list-style-type: none"> • Mentoring, tutoring, parent groups, drug and alcohol support groups, restorative circles. • Services provided via social media, Facetime, Google meets • Hours: Sun-Sat 10am-8pm 	K-12 and parents	(909) 260-5736	Web: http://www.justus4youth.org/ju4y-update Email: eric@ju4y.org	3/26/2020
Social services; Children	Options for Learning	<ul style="list-style-type: none"> • Referrals for childcare services • Services provided via phone • Hours: 8am-5pm 	All	(626) 856-5900 x1	Web: www.optionsforlearning.org	3/26/2020

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Social Services	Parents in Partnership - Pomona	<ul style="list-style-type: none"> • Parent mentoring program • Services provided via telephone and email • Hours: M-F 7am-4pm 	Families in the DCFS child welfare system		Web: dcfs.lacounty.gov/parents/parent-resources/dcfs-parent-services/parents-in-partnership Email: olaguj@dcfs.lacounty.gov	3/26/2020
Social Services	PCS Family Services	<ul style="list-style-type: none"> • Case management, family support, foster families services, employment services, youth diversion and development services • Services provided via telephone and Zoom video conferencing • Hours: M-F 9am-5pm 	Low-income and/or historically underrepresented individuals and families	(909) 620-0688	Web: projectcaring.net Email: projectcaring@aol.com	3/27/2020
Social Services	Service Center for Independent Life (SCIL)	<ul style="list-style-type: none"> • Free services for people with disabilities and seniors. SCIL provides a wide variety of services; benefits assistance, ILS training and much more. • Services provided remotely via phone, email or Facebook. • Hours: M-F 8am - 4:30pm 	Older Adults; Persons with Disabilities	(909) 621-6722	Web: www.scil-ilc.org Email: Larry@scil-ilc.org Facebook: www.facebook.com/ServicesCenterforIndependentLife	3/25/2020
Social Services; Children and Family	The Whole Child Home Visiting Program	<ul style="list-style-type: none"> • Mental health, family housing, parent enrichment and nutrition education services • Services provided via phone or virtually • Hours: M-F 8am-6pm 	Parents with children from prenatal to 3 years old	(626) 204-6175	Web: www.thewholechild.org Email: twchomevisiting@thewholechild.org Social media: @TheWholeChild	3/26/2020

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Other	Inland Valley Volunteer Resource Center	<ul style="list-style-type: none"> • Volunteer opportunities, court ordered community service programs. • Services provided via web, email and telephone. • Hours: Online registration only 	All	(909) 973-6713	Web: www.socalservicecorps.org	3/26/2020
Other	Shaolin Temple Cultural Center USA	<ul style="list-style-type: none"> • Free online, livestreaming QiGong, Kung Fu and meditation classes • Services provided via social media • Hours: 10am (Health/Qi Gong) 11am (Kung Fu) 	All	(626) 283-0011	Web: www.shaolinus.com Email: info@shaolinus.com Facebook: www.facebook.com/ShaoLinUS Youtube: www.youtube.com/c/ShaoLinUS	3/26/2020